

# CLOTHING POLICY

Children and young people need protective, comfortable and appropriate clothing and footwear to explore their environment and participate freely in experiences. Clothing needs to protect children and young people from injury and sun exposure whilst promoting self-help abilities. Appropriate footwear will fit a child's foot correctly and ensure comfort. Educators will also dress to prevent injury and sun exposure and will be encouraged to dress in a professional and respectful manner, being positive role models for children and young people.

## NATIONAL QUALITY STANDARD (NQS)

QUALITY AREA 2: CHILDREN'S HEALTH AND SAFETY		
2.2	Safety	Each child is protected.
2.2.1	Supervision	At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.
QUALITY AREA 5: RELATIONSHIPS WITH CHILDREN		
5.1	Relationships between educators and children	Respectful and equitable relationships are maintained with each child.
5.1.1	Positive educator to child interactions	Responsive and meaningful interactions build trusting relationships which engage and support each child to feel secure, confident and included.
5.1.2	Dignity and rights of the child	The dignity and rights of every child are maintained.

EDUCATION AND CARE SERVICES NATIONAL REGULATIONS	
168	Education and care services must have policies and procedures
168(2)(ii)	Policies and procedures are required in relation to sun protection
170	Policies and procedures are to be followed

## RELATED POLICIES

Children's Belongings Policy Family Communication Policy Health and Safety Policy Multi-Cultural Policy	Respect for Children Policy Sun Safety Policy Supervision Policy
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## PURPOSE

We aim to ensure the safety and comfort of all children and young people by providing appropriate clothing guidelines for children, parents and staff utilising and working at the OSHC Service.

Children and young people being clothed appropriately enables them to play without risk of sunburn and serious injury caused by inappropriate footwear or clothing. Children and young people are more at ease, comfortable, and less anxious when they are dressed for warmth during winter or not over-dressed during summer or wearing safe footwear when climbing outdoor play equipment or participating in physical activity.

## SCOPE

This policy applies to children, families, staff, educators, approved provider, nominated supervisor, management, students, visitors and visitors of the OSHC Service.

## IMPLEMENTATION

Effective clothing strategies, including appropriate clothing for sun protection are important factors in ensuring a child feels safe and secure at our OSHC Service. Whilst children will generally attend the Service in their school uniform, this policy is in place to support families' understanding of appropriate clothing for 'mufti' days, or during vacation care.

### THE APPROVED PROVIDER/MANAGEMENT/NOMINATED SUPERVISOR WILL:

- ensure that a *Sun Safety Policy* is developed and reviewed regularly
- ensure that educators are provided with Personal Protective Equipment (e.g. gloves, goggles etc.) as required to facilitate cleaning and protect their health and safety
- provide information for educators about suitable clothing and footwear expectations for the education and care work environment during induction
- provide information for families about suitable clothing and footwear for their child to wear at the OSHC Service. This information will also be shared with families using a variety of communication strategies including newsletters, brochures, websites, and posters.
- ensure educators are aware and abide by the *Sun Safety Policy*
- ensure a culturally inclusive environment by conveying respect and understanding of families' cultural traditions regarding clothing
- provide information to educators and staff about children's cultural dress requirements.

## EDUCATORS WILL:

- consult and communicate with families about the individual needs of children with respect to different values and beliefs associated with clothing and footwear
- consult with families about the clothing needs of children with sensory and tactile sensitivities, (free of seams, tags, buttons or textures)
- monitor children’s clothing and footwear to ensure compliance with the *Sun Safety Policy* and to support the safety, comfort, and wellbeing of every child
- consider clothing and footwear needs associated with excursions or planned learning experiences and communicate clearly with families about the need for extraordinary protective clothing requirements
- provide protective clothing, such as aprons, for messy play experiences and painting. Children will be encouraged by educators to wear protective clothing during messy and water play.
- encourage children and young people to use their self-help skills where appropriate to put on and remove clothing and shoes to meet their needs. Educators will observe and monitor younger children to ensure their clothing and footwear is appropriate for the environment and weather conditions
- monitor the UV rating to ensure children are dressed appropriately for the weather and are adequately protected (e.g. long sleeve shirts)
- discuss clothing with children: for example, the need to wear hats for sun protection
- model appropriate clothing: for example, wearing hats and sun safe clothing
- encourage children to make choices in relation to getting dressed and the clothing they wear
- respect children’s privacy and modesty when having children change their clothes or dressing themselves, ensuring that individual and/ or cultural needs and preferences are understood and catered for.
- show respect for children and young people and appreciate their individuality by allowing them to make some decisions about the clothes they wear

## FAMILIES WILL:

- communicate with educators about their child’s individual clothing needs- (e.g.: cultural diversity, disability, clothing sensitivity – labels or fabrics, fine motor skills)
- provide spare clothing in children’s bags to allow for a change of clothes if required and/or changing weather conditions.
- dress children appropriately for play and the weather, including footwear and an appropriate hat
- ensure their child is clothed in an appropriate manner which will allow them to explore and play freely and not restrict them using equipment while at play



- ensure clothing for younger children (K-2) also allows easy access for toileting: i.e., elasticised trousers or track pants rather than buttons, zips, belts, etc.
- not dress their children in good/expensive clothing where there is a chance, they will get dirty or stained
- ensure children are appropriately protected from the sun - please refer to *Sun Safety Policy* for further directives on hats and clothing
- ensure children's clothing accommodates the weather conditions. For example, be loose and cool in summer to prevent overheating and warm enough for cold weather, including outdoor play. At all times educators will monitor children to ensure they are appropriately dressed for all weather, play experiences, rest and sleep routines.
- ensure children have appropriate footwear that enables them to play comfortably and not cause safety concerns. For example, thongs, clogs or backless shoes have a trip factor and do not allow children to use equipment safely.
- ensure all clothing and belongings are clearly labelled with the child's name (not just initials)
- be familiar with their child's clothing fabric to minimise allergies and reactions.

### **SPECIAL CLOTHES/DRESS UP/MUFTI DAYS**

To facilitate pretend play and celebrate different cultural experiences, children may be invited to dress up according to a theme or particular cultural celebration.

Our educators will communicate with families to ensure all children have the opportunity to engage in these activities by wearing appropriate clothing.

When dressing their child in 'dress up' clothes, parents are asked to ensure their child's footwear is appropriate for play-based learning at the OSHC Service and ensure clothing is sun safe.

### **CONTINUOUS IMPROVEMENT/REFLECTION**

Our *Clothing Policy* will be reviewed on an annual basis in consultation with children, families, staff, educators and management.

### **SOURCES**

Australian Children's Education & Care Quality Authority. (2023). [Guide to the National Quality Framework](#).

Australian Children's Education & Care Quality Authority. (2014).

Cancer Council Australia: [www.cancer.org.au](http://www.cancer.org.au)

Community Child Care Co-Operative

[Education and Care Services National Regulations](#). (Amended 2023).



Raising Children Network –<http://raisingchildren.net.au>

Red Nose - <https://rednose.com.au>

Revised National Quality Standard. (2018).

National Health and Medical Research Council. (2013). Staying Healthy: Preventing infectious diseases in early childhood education and care services (5th Ed.). Australia: Commonwealth of Australia. NSW Government. (n.d.).

[Western Australian Education and Care Services National Regulations](#)

Work Health and Safety Act 2011 (Cth).

## REVIEW

POLICY REVIEWED BY	Libby Haines	Director	June 2024
POLICY REVIEWED	JUNE 2024	NEXT REVIEW DATE	JUNE 2025
VERSION NUMBER	V5.06.24		
MODIFICATIONS	<ul style="list-style-type: none"> <li>annual policy maintenance</li> <li>hyperlinks checked and repaired as required</li> </ul>		
POLICY REVIEWED	PREVIOUS MODIFICATIONS	NEXT REVIEW DATE	
JUNE 2023	<ul style="list-style-type: none"> <li>annual policy maintenance</li> <li>hyperlinks checked and repaired as required</li> <li>continuous improvement/reflection section added</li> <li>link to Western Australian Education and Care Services National Regulations added in 'Sources'</li> </ul>	JUNE 2024	
JUNE 2021	<ul style="list-style-type: none"> <li>Minor edits to policy</li> <li>National regulations added</li> </ul>	JUNE 2022	
JUNE 2020	information about respecting cultural diversity added Additional sections added –Dress up clothes sources checked for currency	JUNE 2021	
JUNE 2019	New policy drafted	JUNE 2020	